

**Alzheimer's South Africa – Facing the challenge of Dementia
Support Groups – Gauteng Region (updated 15/02/21)**

Area	Group Facilitator	Telephone	Cell	E-Mail	Meetings
JOHANNESBURG					
Bedfordview	Mikki Carter	011 894 4754 (H) Fax: 011 421 3262	083 448 5316	annyh@mweb.co.za	Last Friday, monthly @ 09.30
Hurlingham/Sandton	James Wetton		083 267 2123	jameswetton@gmail.com	1 st Saturday monthly from 9:30-11:00
Radiokop	Hermien Billett	011 472 0716	083 440 9339	Hermiena.billett@gmail.com	Third Saturday monthly @ 09:30
Norwood	Lorna Quinn		082 456 5692	lornaquinn@telkomsa.net lornaq@gmail.com	2 nd Friday monthly at 09.30
JOHANNESBURG SOUTH					
South Hills	Sylvia Birkhead	011 450 1704 (H)	083 267 3528	sylvia@icon.co.za	3 rd Saturday monthly @ 14.30
EKURHULENI					
Benoni	Debbie Beech		083 232 5535	dabeechie@gmail.com	3 rd Saturday monthly @ 09.30
Edenvale	Cecilia Greeff	081 474 7790	074 104 4343	pleisterpoppies@gmail.com ; chrysalbowtie@gmail.com	Monthly on Saturday 9:30 – 11.00
WEST RAND					
Nil at present					
PRETORIA					
Atteridgeville	Elsie Etsane	012 373 4092 (W) Fax: 012 373 4092	082 675 3545	kopanonpo@gmail.com	Every Tuesday @ 10:00 Phone for details
Brooklyn	Riekie Coetsee		082 401 9546	riekiecoetsee1@gmail.com	3 rd Monday monthly @ 17.15
Centurion	Welma Geldenhuys		082 821 4862	geldenw@gmail.com	2nd Tuesday monthly @ 14.00
Monument Park Pretoria	Welma Geldenhuys		082 821 4862	geldenw@gmail.com	2 nd Thursday monthly @ 10:00
SOWETO:	Lorraine Sepeng		079 591 1304	soweto@alzheimers.org.za	Last Tuesday monthly @ 10:00
ONLINE SUPPORT GROUP	Lorraine Shirlinger		083 259 9137	l.raine@absamail.co.za	1 st Friday monthly @ 10h00
	Welma Geldenhuys		082 821 4862	geldenw@gmail.com	Request zoom link from group leaders
STIMULATION GROUP FOR PEOPLE LIVING WITH DEMENTIA: JOHANNESBURG					
Glenhazel, Johannesburg	"Silver Lining Group" Bev Cohen Kim Lewitt		082 574 4770 083 202 9156	bevcohen24@gmail.com klewitt@yahoo.com	Every Monday from 10h30 to 11h30 Cost: R230 per session with the OT (can be claimed from the medical aid fund)